

Imagine a brighter future

for your family and together,
we can make it happen!



Supporting families to stay together
while they turn their lives around

Let's talk...

You are welcome to speak to one of our friendly
Women & Children's team members.

Call us on:
(02) 93 93 9333

Email us if you prefer:
womenandchildrens@flourishaustralia.org.au

or find us online:
www.flourishaustralia.org.au



Our life changing Women & Children's Program

A safe place

where mums who experience mental health issues are supported to thrive with their children by their side.

Our Women & Children's Program provides mums who are homeless or at risk of homelessness and have children in their care with a secure place to live that offers 24/7 support.

We are here to help you heal, strengthen your relationship with your children and develop the parenting skills and confidence you need to live independently and flourish in life.



The way we do things puts your needs first



We listen to what you want and empower you to create the life you choose.

Together, we put a plan in place to ensure that you receive the best possible supports for your family.

Our outreach support is responsive to your unique needs.

We offer opportunities to discover and grow your strengths, in collaboration with key service providers such as Mental Health, Community Services and Housing.

Friendly mentors from our team share their specialised knowledge through free onsite workshops and guidance in practical life skills.

Each year, we support 30+ families



We offer **Residential Accommodation** for up to 3 months, in one of six, 2-bedroom villas that are fully furnished and safely located within a purpose-built site.

Transition Accommodation is also available for 12-18 months, in one of our 3-4 bedroom community housing properties within Blacktown LGA, supported by home visits and personalised planning.

We provide a level of **Outreach Support** that is responsive to each family's needs, for maintaining or securing accommodation, developing parenting and living skills, and prioritising wellness.

♥ **EVERYTHING WE DO IS GROUNDED IN RESPECT FOR FAMILIES** ♥

Who we are and what we do



Flourish Australia is a not-for-profit organisation dedicated to providing people who experience mental health issues with whatever support they need to live their best life!

For more than 10 years, our Women and Children's Program has helped more than 400 families to turn their lives around.

Each year, we invest more than 10,000 hours into meeting the needs of women and the children who access our program.

We get what you're going through and respect your choices.

Our goal is every woman we support to enjoy a fulfilling family life in their community.

Your wellbeing matters to us!